

August 15, 2005

VIA FACSIMILE  
Liberty Mutual Insurance  
Attn: Carolyn Guard

## **NOTICE OF INDEPENDENT REVIEW DECISION**

**RE: MDR Tracking #: M2-05-2099-01**  
**TWCC #:**  
**Injured Employee:**  
**Requestor:**  
**Respondent: Liberty Mutual Insurance**  
**MAXIMUS Case #: TW05-0164**

MAXIMUS has been certified by the Texas Department of Insurance (TDI) as an independent review organization (IRO). The MAXIMUS IRO Certificate Number is 5348. Texas Worker's Compensation Commission (TWCC) Rule §133.308 allows for a claimant or provider to request an independent review of a Carrier's adverse medical necessity determination. TWCC assigned the above-reference case to MAXIMUS for independent review in accordance with this Rule.

MAXIMUS has performed an independent review of the proposed care to determine whether or not the adverse determination was appropriate. Relevant medical records, documentation provided by the parties referenced above and other documentation and written information submitted regarding this appeal was reviewed during the performance of this independent review.

This case was reviewed by a practicing physician on the MAXIMUS external review panel. The reviewer has met the requirements for the ADL of TWCC or has been approved as an exception to the ADL requirement. This physician is board certified in anesthesiology and is familiar with the condition and treatment options at issue in this appeal. The MAXIMUS physician reviewer signed a statement certifying that no known conflicts of interest exist between this physician and any of the treating physicians or providers or any of the physicians or providers who reviewed this case for a determination prior to the referral to MAXIMUS for independent review. In addition, the MAXIMUS physician reviewer certified that the review was performed without bias for or against any party in this case.

### Clinical History

This case concerns a 64-year old female who sustained a work related injury on \_\_\_\_\_. She has been treated with a cervical fusion and conservative measures, but continued to complain of low back pain and left lower extremity pain, which was worse with activity. A CT scan showed spondylolisthesis at L4-5. The results of a discography reportedly included non-concordant pain at L4-5.

### Requested Services

Laminotomy (hemilaminectomy) with decompression.

Documents and/or information used by the reviewer to reach a decision:

*Documents Submitted by Requestor:*

1. None submitted

*Documents Submitted by Respondent:*

1. Cover letter dated 7/24/05
2. Denial letters dated 5/24/05 and 6/10/05
3. Case reports dated 5/24/05 and 6/10/05
4. Neurosurgeon's records from 8/5/04 to 2/28/05
5. Medical records dated 1/10/05 to 2/10/05
6. Fax cover sheet from neurosurgeon

Decision

The Carrier's denial of authorization for the requested services is upheld.

Rationale/Basis for Decision

The MAXIMUS physician consultant explained that this case involves a 64-year old female who sustained a work related injury on \_\_\_\_\_. The MAXIMUS physician consultant indicated there is no medical indication for the proposed hemilaminectomy with decompression. The MAXIMUS physician consultant noted that surgery may worsen the patient's condition.

Therefore, the MAXIMUS physician consultant concluded that requested laminotomy (hemilaminectomy) with decompression is not medically necessary for treatment of this patient's condition.

**This decision is deemed to be a TWCC Decision and Order.**

**YOUR RIGHT TO REQUEST A HEARING**

Either party to this medical dispute may disagree with all or part of the decision and has a right to request a hearing.

**If disputing a spinal surgery prospective decision** a request for a hearing must be in writing and it must be received by the TWCC Chief Clerk of Proceedings within **10 (ten)** days of your receipt of this decision. (20 Tex. Admin. Code 142.5(c)).

**If disputing other prospective medical necessity (preauthorization) decisions** a request for a hearing must be in writing and it must be received by the TWCC Chief Clerk of Proceedings within **20 (twenty)** days of your receipt of this decision. (28 Tex. Admin. Code 148.3).

This decision is deemed received by you 5 (five) days after it was mailed. (28 Tex. Admin. Code 102.4(h) or 102.5(d)). A request for a hearing should be sent to:

Chief Clerk of Proceedings/Appeals Clerk  
P.O. Box 17787  
Austin, TX 78744

Fax: 512-804-4011

**A copy of this decision should be attached to the request.**

The party appealing the decision shall deliver a copy of its written request for a hearing to all other parties involved in the dispute. (Commission Rule 133.308(t)(2)).

Sincerely,

**MAXIMUS**

Lisa Gebbie, MS, RN  
State Appeals Department

cc: Texas Workers Compensation Commission

I hereby verify that a copy of this Independent Review Organization (IRO) Decision was sent to the carrier, the requestor and claimant via facsimile or U.S. Postal Service from the office of the IRO on this 15th day of August 2005.

Signature of IRO Employee: \_\_\_\_\_  
External Appeals Department